

Let's see what's for lunch...



Monday	Main Meals Beef Bolognese with Spaghetti Vegan Bolognese with Spaghetti Baked Jackets with Grated Cheese	Served With Peas & Broccoli Dessert Maryland Cookie
	Main Meals Ham & Cheese Pizza with Baked Wedges Cheese, Onion & Potato Turnover Pasta & Tomato Sauce	Served With Carrots & Sweetcorn Dessert Apple Crumble with Custard
Tuesday	Main Meals Roast Chicken with Roast Potatoes & Gravy Squash & Lentil Lasagne Baked Jackets with Baked Beans	Served With Seasonal Greens & Cauliflower Dessert Cherry Cornflake Cake
	Main Meals Chilli Con Carne with Steamed Rice Vegan Bean Chilli with Steamed Rice Pasta & Tomato Sauce	Served With Broccoli & Carrots Dessert Chocolate & Pear Sponge
Wednesday	Main Meals Breaded Fish Fingers with Chips & Ketchup Vegan Goujons with Chips & Ketchup Baked Jackets with Grated Cheese	Served With Peas & Baked Beans Dessert Banana Flapjack
	Freshly Baked Bread: Carrot & Beetroot or Wholemeal Bread	

Week 1:
1st January, 22nd January, 12th February, 4th March, 25th March, 15th April, 6th May

Pabulum Salad Bar

Children can help themselves to an unlimited selection of freshly prepared healthy salads. Our new salad bar features all of the children's favourites, is completely free of the 14 recognised allergens, is suitable for vegetarians and vegans and packed full of fibre and nutrients.

Available Every Day:
Fresh Fruit, Yoghurt or Jelly



Monday	Main Meals Pork Sausage with Mashed Potato & Gravy Vegan Sausage with Mashed Potato & Gravy Pasta & Tomato Sauce	Served With Sweetcorn & Baked Beans Dessert Chocolate Rice Krispie Cake
	Main Meals Chicken & Sweetcorn Pasta Vegan Burrito Baked Jackets with Grated Cheese	Served With Carrots & Broccoli Dessert Mandarin Jelly
Tuesday	Main Meals Honey Roast Gammon with Roast Potatoes & Gravy Sweet Chilli Stir-fry Mushroom & Vegetable Noodles Wholewheat Pasta & Tomato Sauce	Served With Seasonal Greens & Peas Dessert Vanilla Ice Cream
	Main Meals Macaroni & Cheese Bolognese Bake Vegan Caribbean Vegetable Curry with Wraps Baked Jackets with Baked Beans or Salmon Mayonnaise	Served With Carrots & Sweetcorn Dessert Apple & Carrot Flapjack
Wednesday	Main Meals Breaded Fish Fingers with Chips & Ketchup Vegan Fajita Wrap with Chips & Ketchup Pasta & Tomato Sauce	Served With Peas & Baked Beans Dessert Lemon Drizzle Sponge
	Freshly Baked Bread: Garlic & Herb or Wholemeal Bread	

Week 2:
8th January, 29th January, 19th February, 11th March, 1st April, 22nd April, 13th May



Made Fresh Every Day
All our food is freshly prepared using seasonal produce from local suppliers. We are proud to always cook from scratch.



Monday	Main Meals Chicken & Sweetcorn Meatballs with Tomato Sauce & Penne Vegan Roasted Ratatouille with Penne Baked Jackets with Grated Cheese	Served With Carrots & Broccoli Dessert Orange Shortbread Biscuit
	Main Meals Fajita Spiced Turkey & Vegetables with Steamed Rice Vegan Sweet & Sour Vegetables with Steamed Rice Pasta & Tomato Sauce	Served With Sweetcorn & Coleslaw Dessert Carrot Cake
Tuesday	Main Meals Herby Roast Chicken with Roast Potatoes & Gravy 3 Vegetable Mac n' Cheese Baked Jackets with Baked Beans	Served With Seasonal Greens & Broccoli Dessert Chocolate & Beetroot Brownie
	Main Meals Traditional Beef Lasagne Vegan Layered Vegetable & Sweet Potato Bake Pasta & Tomato Sauce	Served With Cauliflower & Carrots Dessert Vanilla Ice Cream
Wednesday	Main Meals Breaded Fish Fingers with Chips & Ketchup Vegan Bubble & Squeak with Chips & Ketchup Baked Jackets with Grated Cheese	Served With Peas & Baked Beans Dessert Apple & Parsnip Cake
	Freshly Baked Bread: Courgette & Tomato or Wholemeal Bread	

Week 3:
15th January, 5th February, 26th February, 18th March, 8th April, 29th April, 20th May

BM1 Overton
Jan 2024
All products are subject to availability