

Join Healthy Steps for free interactive family sessions at Overton CE Primary School!

Wednesday mornings from 8:45 AM (after drop off)

5 sessions starting on Wednesday 15th April

Do bedtimes feel
like a battle?

Is your child a
fussy eater?

Do you struggle to
get your child to
brush their teeth?

Would you like to
know more budget
friendly healthy
recipes?

Do you want to
be healthier
as a family?

**Healthy
Steps**

To join these sessions,
please contact the school

BARNARD'S

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 Hampshire
County Council